## arima.

## Frima Sizeguide

Torso (1)
Measure from your neck and down towards right above your hips, while standing up with a straight back.

## Chest (2)

Measure around the fullest part of your chest, keeping tape firmly under your armpits and around your shoulder blades

## Waist (3)

Measure around your waist, slightly below your natural waist, where you normally wear your pants. Insert your forefinger between the tape and your body to allow ease in fit.

Hip (5)
Measure around the fullest part of your hips, inserting your forefinger between the tape and your hip to allow ease in fit.

Inseam (4+6)
Measure similar pant that fits you well. Measure along the inseam
from the hips to the bottom of the hem.

## Between sizes?

If your measurements are in between those listed in the size chart, pick the next larger size.


## SIZE TABLES FOR MEN

| SIZE TABLES FOR MEN |  |  |  |  |  |  | Sports size | S | M | $\mathbf{L}$ | XL | 2XL |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 4 | 6 | 7 | 8 | 10 |  |  |  |  |  |  |  |
| Shirt size (Width - 1) | $71,0 \mathrm{~cm}$ | $72,5 \mathrm{~cm}$ | $75,0 \mathrm{~cm}$ | $77,0 \mathrm{~cm}$ | $79,5 \mathrm{~cm}$ |  |  |  |  |  |  |  |
| Shirt size (Length - 2) | $100,0 \mathrm{~cm}$ | $104,0 \mathrm{~cm}$ | $111,0 \mathrm{~cm}$ | 115 cm | $124,0 \mathrm{~cm}$ |  |  |  |  |  |  |  |
| Pants size (Width - 5) | $103,0 \mathrm{~cm}$ | $106,0 \mathrm{~cm}$ | $108,0 \mathrm{~cm}$ | $109,0 \mathrm{~cm}$ | $113,0 \mathrm{~cm}$ |  |  |  |  |  |  |  |
| Pants size (Length - 6) | $40,0 \mathrm{~cm}$ | $43,0 \mathrm{~cm}$ | $46,0 \mathrm{~cm}$ | $49,0 \mathrm{~cm}$ | $53,0 \mathrm{~cm}$ |  |  |  |  |  |  |  |
| Short size (Length - 4) | $39,0 \mathrm{~cm}$ | $43,2 \mathrm{~cm}$ | $45,5 \mathrm{~cm}$ | $47,0 \mathrm{~cm}$ | $49,5 \mathrm{~cm}$ |  |  |  |  |  |  |  |
| Short size (Width - 3) | $41,0 \mathrm{~cm}$ | $43,0 \mathrm{~cm}$ | $48,0 \mathrm{~cm}$ | $50,0 \mathrm{~cm}$ | $54,0 \mathrm{~cm}$ |  |  |  |  |  |  |  |

## SIZE TABLES FOR KIDS

| Kids' size $=$ height (cm) | 116 | 128 | 140 | 152 | 164 |
| :--- | :--- | :--- | :--- | :--- | :--- |

Height is measured from the crown to the sole.

## FOOTBALL SOCKS

| Order size | 0 | 1 | 2 | 3 | 4 | 5 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| Shoe size | $29-32$ | $33-36$ | $37-40$ | $41-43$ | $44-46$ | $47-48$ |

